



Pre-Departure Information

PYRAMIDS TO PETRA



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WELCOME!

We're delighted to welcome you on this adventure! This booklet is designed to guide you in the practical details for preparing for your trip. As you read, if any questions come to mind, feel free to give us a call or send us an email—we're here to help.

PLEASE SEND US

- Trip Application:** Complete, sign, and return your Trip Application form as soon as possible if you have not already done so.
- Medical Form:** Complete, sign, and return your Medical Form as soon as possible if you have not already done so.
- Air Schedule:** Please forward a copy of your email confirmation, which shows your exact flight arrival and departure times. Refer to the Arrival & Departure section of the Detailed Itinerary for instructions. Please feel free to review your proposed schedule with Wilderness Travel before purchasing your tickets if you have any questions about the timing of your arrival and departure flights or would like to confirm we have the required minimum number of participants to operate the trip.
- Passport Photocopy:** Scan* a COLOR copy of your passport photo page and email it to us as a JPG or PDF attachment, or send us a high quality photocopy by mail (immediately upon reserving your trip).

**If you are scanning documents to email, we suggest a maximum resolution of 300 dpi.*

PLEASE CAREFULLY REVIEW

- Travel Documents & Medical Information:** Carefully review the Travel Documents and Medical Information sections of this booklet to familiarize yourself with Passport and Visa entry requirements for your destination, as well as any recommended inoculations.
- Optional Travel Insurance:** Review the Trip Cancellation & Transfer Fee Schedule included in the Detailed Itinerary. We recommend that all trip members purchase Travel Insurance.
- Final Documents:** Approximately three weeks before your trip, we will send you final departure documents, including hotel and local contact information and rendezvous instructions.

QUESTIONS?

Call: 1-800-368-2794, go to our **website** (www.wildernesstravel.com) or e-mail us at: info@wildernesstravel.com.

Travel Information

PASSPORT

A valid passport is required for your trip. Be sure to check the expiration date. Your passport must be valid for six months after your date of exit from Egypt. In addition, we recommend your passport have at least two completely blank visa pages for every country you will be visiting. It is very important that the blank pages say “Visas” at the top. The last few pages of your passport, which say “Amendments and Endorsements,” and the final page of your passport, which may not have a page number, are not considered to be legitimate visa pages. The service of adding pages for visas was discontinued as of January 1, 2016. You can request a new passport through **US Passport Services Office** (<http://travel.state.gov/passport>) or use a visa service agency, which can take care of your passport renewal and expedite the process, if needed. We recommend **Passport Visas Express** (<http://www.passportvisasexpress.com/?affId=2120>). Be sure to allow sufficient time to acquire this before your trip.

It is a good idea to carry photocopies of your passport’s photo page and any acquired visa pages for your trip (if applicable) in case your passport is lost or as an additional piece of identification, as well as two extra passport photos.

VISAS

US citizens need a visa for Egypt and for Jordan. Visas can be obtained easily on arrival at the Cairo Airport in Egypt and the Amman Airport in Jordan respectively.

Egypt: Visas can be obtained at the Cairo Airport in Egypt. US citizens pay \$25 USD per person on arrival for a visa. Upon arrival, in the arrival hall before the immigration counters, you will need to find one of the many bank kiosks which sell visa stamps. After purchasing a stamp you will place it on the first empty page in your passport and then proceed to the immigration counters. Visas are available on arrival at any time regardless of flight arrival time.

Jordan: You can purchase your visa on arrival. Upon arrival at the Amman International Airport, your WT guide will assist you with the visa process. Be prepared to pay 40 Jordanian dinars (approx \$60 USD per person) for your visa. Note that in many cases Wilderness Travel is able to acquire a visa fee waiver, but this is not guaranteed and you must be prepared to pay the visa fee if necessary.

If you prefer to get your visas prior to your arrival you may contact our recommended passport and visa processing service, **Passport Visas Express** (<http://www.passportvisasexpress.com/?affId=2120>) (PVE). On the PVE website, purchase the Egypt Tourist Single Visa (valid for 3 months) and the Jordan Tourist Single Visa (valid for 3 months). PVE can also be reached by phone at 888-596-6028. Let them know you are booked on a Wilderness Travel trip.

If you are a citizen of any country other than the US, check with a local consulate for entry requirements.

MONEY

The unit of currency in Egypt is the Egyptian pound (EGP) and in Jordan is the Jordanian dinar (JOD). Major credit cards are accepted at larger hotels and shops in Egypt and Jordan. Traveler's checks are not recommended as they can be difficult and time-consuming to cash.

You will need to budget spending money for gratuities, for any meals not included in the trip itinerary, for international and domestic airport departure taxes, and for personal items as snacks, phone calls, etc. We recommend you bring approximately \$400 USD in cash and one or two major credit cards (Visa or MasterCard) for shopping and hotel extras. If you plan to use your credit cards, inform your credit card company before your departure that you will be using the card abroad. To use an ATM internationally, you must have a four-digit PIN. Plan to not have too much Egyptian or Jordanian currency left over at the end of the trip as they can be difficult to convert back to USD.

TIPPING

Tipping is completely discretionary, but over the years, clients have asked us for tipping guidelines to reward guides for outstanding service.

A range of reference would be \$200-\$250 USD per trip member for the WT guide, and \$60-\$80 USD for the Nile cruise staff. Tips for the assistant guide are included in the cost of the trip. The Trip Leader takes care of gratuities for group meals in restaurants, luggage handling at hotels, local staff, and drivers in both Egypt and Jordan. Tips are welcome in US dollars.

SPECIAL DIETS

We will do our best to accommodate special dietary needs, however, please keep in mind that certain cultural differences or limitations due to logistics can make it extremely difficult and at times impossible to accommodate dietary restrictions. Please inform us at least eight weeks before your trip if you have a restricted diet. It is important to bring a flexible attitude and supplemental snacks.

COMMUNICATIONS

Telephone

The international dialing code for Egypt is 20, and for Jordan 962. Please contact your cell phone company for specific instructions for international use.

Email & Internet Access

Internet access is available at all our hotels and in some communal areas of the ship, but not at our camp in Wadi Rum.

ELECTRICITY

Egypt and Jordan have 220-volt current. In both countries, plugs usually have two round pins (the same as mainland Europe). Bring a converter and plug adapter kit for appliance use.

Medical Information

The following recommendations should be used as a guideline only; consult your physician for medical advice. It is vital that you let Wilderness Travel know of any medical problems, allergies, or physical limitations you may have. Please fill out and return the personal medical questionnaire, and feel free to consult us if you have any questions about your ability to undertake this particular trip.

Wilderness Travel is not a medical facility and has no expertise or responsibility regarding what medications or inoculations you and your physician decide are necessary for your safe participation in the trip.

Traveler's health information is available from the **Centers for Disease Control**. (<http://www.cdc.gov/travel/index.htm>)
Medical travel products are available from **Travel Health Medicine** (<http://www.travmed.com>) and from **Magellan's Travel Supplies**. (<http://www.magellans.com>)

INOCULATIONS

Entry requirements are subject to change; check with the Centers for Disease Control for updates. All shots should be entered on your International Health Card (yellow card), which is provided by the facility giving the shots. Keep it with your passport while traveling. This provides an important personal record for you to refer to when making future travel plans. We recommend you discuss the following with your physician:

Yellow Fever

This is the only vaccination currently subject to international health regulations. The vaccination is required for entry into many African countries if you are arriving from an “endemic yellow fever zone” country (most of sub-Saharan Africa and South America). For more information, refer to the CDC website at www.cdc.gov/travel/index.htm.

Polio

People who have received the primary series of at least three doses of polio vaccine are considered fully immunized. People who are unsure of their status should receive the vaccine (three doses spaced at intervals).

Hepatitis

The vaccines HAVRIX and VAQTA (two injections, six to 18 months apart) give long-term protection against Hepatitis A and are worthwhile if you travel regularly to developing countries.

Tetanus Booster

A booster is strongly recommended (effective for 10 years).

Typhoid

The CDC recommends the shot or the oral vaccine, Vivotif Berna. You may not be able to take the oral vaccine simultaneously with mefloquine (for malaria prevention).

MALARIA PREVENTION

Malaria is uncommon in Egypt and Jordan so we do not recommend that you take antimalarial medications for travel in Egypt and Jordan. For further malaria information, consult your doctor or the **CDC Malaria Hotline**(<http://www.cdc.gov/travel/malinfo.htm>): 888-232-3228.

STAYING HEALTHY

In hotels and aboard the boat, don't brush your teeth with tap water; use bottled water. Don't take ice in your drinks unless you are sure it was made with treated water. When in doubt, ask your Trip Leader for guidelines.

FITNESS

This is a cultural and archaeological adventure, with walking that should be "easy-to-moderate" for the average active traveler. To ensure an enjoyable adventure, make special efforts to get in good physical condition for the trip by hiking, running, bicycling, swimming or participating in other forms of exercise beyond your normal routine. The shape you're in will be an important factor in your enjoyment of the trip.

Helpful Information

SHOPPING

Good buys in Egypt include gold and silver items (a favorite is the cartouche, an insignia bearing a pharaoh's or the buyer's name in hieroglyphics) and precious stones. Topaz, aquamarine, alabaster, and Sinai turquoise can be found in a variety of forms and settings. Intricate brass and copper trays, plates, lamps, leather and textile goods, glass, tapestries, woodwork, incense, and perfumes are also popular. Prices in the fashionable downtown department stores are not negotiable, but bargaining is expected in the handicraft shops and the Khan El Khalili Bazaar. In Egypt, bargaining is a sport and way of life, combining the power of persuasion, the exercise of psychology, and above all, patience. It can be fun and economical once you get into the spirit.

PHOTOGRAPHY

Camera Recommendations

With the many advances in digital technology, a simple compact digital camera or even your smartphone is capable of taking pictures suitable for the needs of most people. For higher quality images and the ability to use long lenses for closer wildlife pictures, a DSLR camera is well worthwhile, though heavier. Most digital cameras and phones have good video options, but you may want to consider a GoPro for a lightweight, waterproof option. Always practice ahead of time with new equipment and bring your manual with you. Camera equipment is available for rent from **Borrow Lenses** (<https://www.borrowlenses.com/discount/wildernesstravel>), with a 10% discount offered to Wilderness Travel clients. This is an especially good idea for renting large zoom lenses that you may need for just one trip.

Camera Accessories

We recommend bringing at least two large capacity memory cards or a small digital storage unit (or tablet) to back up your photos, freeing space on your memory cards. Don't forget to bring a battery charger and a backup battery so one is always charged and ready to use. For trips where you may be away from power sources for multiple days, consider looking into a solar-powered battery charger or buying additional backup batteries, and check that you have the appropriate adapter for the electrical outlets in your destination.

Sharing Your Images

We would love for you to share photos from your trip, and with your permission, may even use your photos in our marketing materials or on our photo blog. We request that you send us a small sample of your best images. Please email your photos to wtphotoblog@gmail.com or tag us **@WildernessTravel** on social media.

Photography Etiquette

When taking pictures of local people, be aware of cultural considerations. Approaching people with a warm smile and using polite gestures or simple phrases to ask permission to photograph them usually works well. It is always recommended to engage people in conversation before asking to photograph them, but if people do not wish to have their photo taken, please honor their requests. We urge travelers to avoid giving money in exchange for photo opportunities, which makes it harder for future travelers to have a meaningful personal interaction with local people. Please always heed your Trip Leader's guidelines for what is appropriate.

BEING A CONSIDERATE TRAVELER

Please show respect for the cultures we are visiting by observing local customs concerning appropriate dress, particularly in sacred places. Your Trip Leader is always available to answer any questions that you may have regarding this. If it is necessary to use a cell phone during the trip, please do so privately. Smoking is rarely an issue these days, but if you do smoke, please do so only away from the group.

Packing List

THE ESSENTIALS

- Air tickets (or E-tickets)
- Passport
- One other picture ID, such as a driver's license
- International Health Card ("Yellow Card") with proof of Yellow Fever inoculation within the last 10 years (only applicable if you are arriving from a Yellow Fever Zone country)
- Expense money

WT GEAR STORE

To help you prepare for your next WT adventure, we've put together a great collection of top brands including Patagonia, Outdoor Research, Eagle Creek, and more at our **WT Gear Store** (<http://wildernesstravel.newheadings.com>).

LUGGAGE

Note: Baggage weight limit is 44 lbs. on internal flights in Egypt.

- Soft suitcase (wheeled versions are OK), with small padlock (must use a TSA approved lock for air travel)
- Daypack for camera gear, water bottle, and personal items needed during the day

CLOTHING NOTES

Egypt and Jordan are accustomed to tourists, and for sightseeing in popular areas such as the Pyramids or the main tourist sights of Jordan, knee-length hiking shorts and T-shirts are fine. However, for walking in central Cairo and other cities, or when in rural areas, more conservative dress is preferred, such as long pants and 3/4 or long-sleeved shirts; this also applies to visiting mosques, other religious sites, or homes. All visitors to mosques must remove shoes, and women visiting mosques must cover their shoulders and may want to wear a scarf for their head. On our Nile boat, the dress code is "resort casual." There is a jacket requirement for men for the on-board Farewell Dinner but it is not a strict requirement as long as men are nicely attired. Jeans and shorts are not allowed at meals on board.

Laundry service: All our hotels have laundry service, except at the Wadi Rum camp, but most hotels do not have dry cleaning service.

CLOTHING

This list is meant as a guideline only. We encourage you to pack light.

- Fleece jacket or sweater (it can get very chilly at night)
- Lightweight hooded windbreaker
- Knee-length walking shorts for the tourist sites
- Light cotton or quick-drying synthetic pants
- Long-sleeved shirts
- T-shirts
- Warm sleepwear (flannel or thermal underwear work well for cold nights)
- Shade hat with a wide brim
- Lightweight hiking boots or sturdy walking shoes. Good traction and ankle support are important.
- Running or tennis shoes.
- Texas or other sturdy sandals
- Swimsuit
- City/hotel attire, smart casual wear
- Jacket for men (officially required for the Nile Farewell dinner on Day 6, but not strictly enforced).

EQUIPMENT

- Good quality sunglasses with case
- Personal toiletries
- Strong flashlight (for Wadi Rum camp)

PERSONAL FIRST AID SUPPLIES

Every trip member should bring a small kit for personal use. Your own experience will influence your choices.

- Sunscreen of SPF 30 or higher. We recommend mineral-based sunscreens with zinc oxide or titanium dioxide because they do not contain harsh chemicals that are harmful to the environment. Brands such as Honest Company, Badger, and Alba Botanica are found in most sporting goods stores and drugstores.
- Lip balm with sunscreen
- Aspirin, ibuprofen, or Tylenol, Tylenol PM for sleeping
- Topical antibiotic (such as Neosporin) for cuts, bites, or sores
- Insect repellent
- Blister kit. Look for the long-lasting gel-type bandages that you can apply directly on blisters, such as Band-Aid Advanced Healing Bandages or Curad Gel Multi-Day Bandages. "Liquid band-aids," such as New-Skin, are useful because they dry rapidly to form a tough protective cover over a blister.
- Anti-bacterial gel for hand washing
- Antihistamine such as Benadryl and cold remedy such as Sudafed
- Imodium for diarrhea. If you wish to bring an antibiotic for diarrhea prophylaxis, please consult your physician.
- Prescription medications properly labeled
- Spare contact lenses or spare prescription glasses

OPTIONAL ITEMS

- Converter/plug adapter kit for appliance use in hotels.
- Camera, spare batteries or charger, spare memory cards. **Please note that cameras, particularly high-end cameras, are often subject to increased scrutiny at airport checkpoints in Egypt, and especially in Jordan. They have been known to be confiscated by authorities in the past, so please be aware of this when packing. Additionally, cameras may not be allowed at some tourist sites, or a fee may be charged for camera use. If this is the case, your Trip Leader will advise you in-country. Phone cameras are usually allowed without any issues.**
- Reading/writing material
- Travel clock
- Gatorade-type powdered mixes or packets of ORS (oral rehydration salts) to add to your water bottle from time to time on really hot days
- Money belt or neck pouch. Always carry your passport, credit cards, and cash with you in a money belt or neck pouch tucked down inside your shirt or blouse.
- It's best not to bring binoculars into Jordan or Egypt. Past travelers had had difficulties, with long delays as their bags are searched and items potentially confiscated.

Reading List

ESSENTIAL READING

The Penguin Historical Atlas of Ancient Egypt

Bill Manley

1996, 144 PAGES

Ingenious color maps, site plans, photographs and accompanying essays trace Egyptian civilization from the founding of Memphis through the sacking of Thebes and the invasion by Alexander the Great in 332 BC.

Egypt Map

Nelles

2011

This easy-fold map, featuring insets of Luxor, Valley of the Kings, Giza, the Nile River Valley, Cairo and other sites, also covers Petra, Jerusalem and most of Israel.

Eyewitness Guide Egypt

Eyewitness Guides

2016, 360 PAGES

This visually rich guide to the history, culture and monuments of Egypt includes 1,000 color photographs, maps and 3D site diagrams.

Married to a Bedouin

Marguerite Van Geldermalsen

2010, 279 PAGES

"Where you staying?" the Bedouin asked. "Why you not stay with me tonight -- in my cave?" Thus begins the fascinating odyssey of a young nurse from New Zealand who would marry and raise her family among the community of 100 Bedouin families living in the ancient city of Petra.

ALSO RECOMMENDED

The Snorkeller's Guide to the Coral Reef, From the Red Sea to the Pacific Ocean

Paddy Ryan

2005, 184 PAGES

This take-along guide covers coral reefs, fish, invertebrates and plants of the Indo-Pacific and includes 200 color photographs.

A Traveller's History of Egypt

Harry Ades

2006, 452 PAGES

This effectively condensed chronological history takes in the full sweep from the earliest inhabitants to 21st century politics.

The Nile

Toby Wilkinson

2015, 320 PAGES

Renowned Egyptologist Toby Wilkinson guides readers through Egyptian history on a Nile River journey. Readers are swept from the river's mythical sources to famous historical and cultural sites all the way to Cairo.

Cairo Map

Cartographia

2007

A colorful, folded map of Cairo on thick paper. Insets of Luxor, Alexandria and Heliopolis. Scale 1:13,000.

Culture Smart! Egypt

Jailan Zayan

2013, 168 PAGES

A handy pocket guide to understanding local customs and etiquette.

By Way of Accident: The True Stories Behind the Discovery of Egypt's Greatest Monuments

Ahmed Abul Ella

2016, 322 PAGES

Taking readers back to the birth of Egyptology, this history chronicles the turbulent political climate in which it arose as well as its famous accidental discoveries, from the deciphering of the Rosetta Stone to the excavation of well-known monuments.

Inside Egypt

John R. Bradley

2012, 256 PAGES

A reporter in the region since 1999, Bradley pulls no punches in this highly readable expose of the politics and policies of Mubarak's military and modern Egypt.

Nine Parts of Desire, The Hidden World of Islamic Women

Geraldine Brooks

1996, 256 PAGES

A highly readable overview of the role of women in Islamic society, drawn from the author's many interviews with women throughout the Arab World.

Egyptian Hieroglyphs for Complete Beginners

Bill Manley

2003, 160 PAGES

Museum-goers and armchair travelers alike can gain a basic knowledge of the language and culture of ancient Egypt with this excellent step-by-step guide to decoding tomb scenes and inscriptions. With illustrations, photographs, a handy list of kings and gods and vocabulary.

Egypt, A Short History

Robert L. Tignor

2011, 371 PAGES

Princeton historian Tignor distills five decades of study and travel for this vivid account of the sweep and tumult of Egyptian history from the settlement of the Nile to the present.

Luxor Illustrated, With Aswan, Abu Simbel and the Nile

Michael Haag

2009, 96 PAGES

The ideal companion to a Nile cruise, Haag introduces all the famous monuments and temples of Upper Egypt from Luxor, Karnak, the Valley of the Kings and the tomb of Tutankhamun to the marvels of Aswan and Abu Simbel in full color.

Ancient Egyptian Art and Architecture, A Very Short Introduction

Christina Riggs

2014, 144 PAGES

Exploring the art and buildings of the ancient Egyptians, this survey accounts for the culture's major pyramids, mummies and visual styling. Primarily, Riggs answers the question: why have Egyptian art and architecture had such an enduring appeal?

The Great Pyramids

Jean-Pierre Corteggiani

2007, 128 PAGES

Part of the acclaimed Discoveries series, this lavishly illustrated pocket encyclopedia illuminates the archaeology, history and splendor of Giza, last of the Seven Wonders of the Ancient World.

Down the Nile, Alone in a Fisherman's Skiff

Rosemary Mahoney

2008, 273 PAGES

Mahoney weaves the tale of her quest to row the Nile with deft portraits of the people she meets in this marvelously engaging chronicle.

Death on the Nile

Agatha Christie

2004, 333 PAGES

How could we resist? Christie wrote Egypt's most famous murder mystery on the terrace of the Old Cataract Hotel in Aswan.

The Yacoubian Building

Alaa Al Aswany

2006, 255 PAGES

The politics, repressed desires, hopes and dreams of Cairo are reflected through the lives of the inhabitants of a once grand apartment house in this deft novel of contemporary Egypt.

Birds of the Middle East

Simon Aspinall

2010, 384 PAGES

An outstanding guide to 700 species of the birds in the region from the Arabian peninsula to Egypt, Jordan, Lebanon, Israel, Syria, Iraq, Iran, Turkey and Cyprus. Second edition.

The Search for Ancient Egypt

Jean Vercoutter

1992, 207 PAGES

This pocket encyclopedia, packed with illustrations, tells the tale of Greek travelers, buried treasure, international intrigue and scholarship as it delves into the world's long-standing fascination with Egypt's glorious heritage.

Walking the Nile

Levison Wood

2016, 352 PAGES

Beginning in a Rwandan forest and ending at the Mediterranean coast, Levison Wood became the first to walk the length of the Nile, trekking 4000 miles through jungles, deserts, war zones and six nations in nine months.

Palace Walk

Naguib Mahfouz

2011, 504 PAGES

The first volume in the monumental Cairo Trilogy, a family saga set in post-WWI Egypt. Nobel Prize-winning Mahfouz provides insight into life in Egypt and the revolution against the British.

Red Nile, A Biography of the World's Greatest River

Robert Twigger

2014, 480 PAGES

This biography of the Nile River overflows with stories of the human history that has played out on the great river's banks. Twigger meanders along the Nile, bringing to the surface fascinating tales of crocodiles and caliphs, 19th-century adventurers and 20th-century novelists, biblical prophets and classical lovers.

Petra and the Lost Kingdom of the Nabataeans

Jane Taylor

2012, 224 PAGES

Petra's history from the Stone Age to the Nabataeans (who constructed the city) through the Crusades is documented with 150 full-color photographs.

Lonely Planet Jordan

Jenny Walker

2015, 352 PAGES

A practical guide in the popular series, featuring maps, tips and much sightseeing information.

A History of Jordan

Philip Robins

2004, 243 PAGES

An informative, brief history of Jordan and its monarchy from the 1920s to the present by a professor of politics at Oxford. Robins was previously a Jordan-based correspondent for the BBC and The Guardian.

Islam, A Short History

Karen Armstrong

2002, 230 PAGES

Armstrong brings authority and experience to this vivid, clear-headed survey of the history and impact of Islam, from the birth of Mohammad to present-day challenges.

Seven Pillars of Wisdom, A Triumph

T.E. Lawrence

1991, 672 PAGES

The monumental story of Lawrence of Arabia, as colorful and long as the famous movie it inspired. Some of the action is set around Wadi Rum in Jordan.

Fishwatcher's Field Guide Red Sea

Jerry Greenberg

1982

This double-sided plastic card shows 64 of the most commonly encountered reef fish of the Red Sea in full-color illustrations, convenient for the boat or beach.

Jordan Map

Cartographia

2007

A folded, colorful map of Jordan at a scale of 1:700,000.

A Map and a Lens, A Photographic Exploration of Jordan's Religious and Cultural Heritage

Bashar Tabbah

2016, 275 PAGES

The product of ten years of work, this collection of photographs captures Jordan's most iconic archaeological landmarks and historic sites. British-Jordanian photographer Bashar Tabbah mixes his photos (artfully composed portraits and landscapes) with maps, timelines and informative text.

Lawrence in Arabia

Scott Anderson

2014, 624 PAGES

The four spies and adventurers who star in this captivating account -- the Briton T.E. Lawrence, the German archaeologist Curt Prufer, the American oil agent William Yale and the Zionist agronomist and spy Aaron Aaronsohn -- played an outsized role in the making of the modern Middle East.

Appointment with Death

Agatha Christie

2011, 256 PAGES

Hercule Poirot steps into the story when an American tourist on a grand tour of the Holy Land is found murdered in Petra.

The White Nile

Alan Moorehead

2000, 431 PAGES

This lively history of the Victorian search for the source of the Nile includes the extraordinary tales of Burton and Speke, not to mention the famous meeting of Livingstone and Stanley. The narrative includes vivid descriptions of Zanzibar, the last days of Khartoum and the building of the Suez Canal.

A History of the Arab Peoples

Albert Hourani

2010, 624 PAGES

Called a landmark, masterpiece and essential to understanding the Middle East, Hourani's acclaimed chronicle of the political, spiritual, religious and cultural traditions of the Arab peoples is brought up to date with an afterword by noted Islamic scholar Malise Ruthven.

Generation Freedom, The Middle East Uprisings and the Remaking of the Modern World

Bruce Feiler

2011, 151 PAGES

As engaged and thoughtful as ever, Feiler brings texture and insight to these thrilling tales of youthful revolt across the Arab world, weaving on-the-spot reports from Tahir Square and elsewhere with history and commentary.

The Nile Cruise

Jenny Jobbins

2010, 160 PAGES

Weaving classic travelers' accounts with essays and 150 color photographs, this compact book beautifully illuminates the history and allure of the towns, temples and tombs of the Nile from Abydos to Abu Simbel.

The Sisters of Sinai, How Two Lady Adventurers Discovered the Hidden Gospels

Janet Soskice

2010, 316 PAGES

Soskice vividly recounts the story of Agnes and Margaret Smith, two unlikely and unsung heroines, and their discovery in 1892 of one of the earliest known copies of the gospels at St. Catherine's.

Karnak Cafe

Naguib Mahfouz

2008, 144 PAGES

In this gripping and suspenseful novella from the Egyptian Nobel Prize-winner, three young friends survive interrogation by the secret police, only to find their lives poisoned by suspicion, fear and betrayal.

Revised: June 08, 2020

Cairo, The City Victorious

Max Rodenbeck

2000, 300 PAGES

Rodenbeck presents his hometown in all its chaotic, marvelous glory, combining a lively history of the 5,000-year-old metropolis with description, anecdote and political commentary.

Art of the Middle East, Modern and Contemporary Art of the Arab World and Iran

Saeb Eigner

2015, 400 PAGES

Showcasing over 500 illustrations and biographies of 200 featured artists, this revised and expanded guide to Middle Eastern art is a comprehensive overview of contemporary styles and themes.

The Pharaoh, Life at Court and on Campaign

Garry Shaw

2012, 224 PAGES

Shaw traces the lives, history and accomplishments of the Egyptian leaders from the builders of the pyramids in the Old Kingdom to such towering figures as Ramses II in this beautifully illustrated, informative survey. With brief biographies of the rulers.

The Man in the White Sharkskin Suit, A Jewish Family's Exodus from Old Cairo to the New World

Lucette Lagnado

2008, 368 PAGES

Lagnado poignantly evokes the life of her marvelously social father (the "boulevardier of Cairo") and his milieu in this textured memoir.