



# Pre-Departure Information

IN PATAGONIA



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## WELCOME!

We're delighted to welcome you on this adventure! This booklet is designed to guide you in the practical details for preparing for your trip. As you read, if any questions come to mind, feel free to give us a call or send us an email—we're here to help.

## PLEASE SEND US

- Trip Application:** Complete, sign, and return your Trip Application form as soon as possible if you have not already done so.
- Medical Form:** Complete, sign, and return your Medical Form as soon as possible if you have not already done so.
- Air Schedule:** Please forward a copy of your email confirmation, which shows your exact flight arrival and departure times. Refer to the Arrival & Departure section of the Detailed Trip Itinerary for instructions. Please feel free to review your proposed schedule with Wilderness Travel before purchasing your tickets if you have any questions about the timing of your arrival and departure flights or would like to confirm we have the required minimum number of participants to operate the trip.

## PLEASE CAREFULLY REVIEW

- Travel Documents & Medical Information:** Carefully review the Travel Documents and Medical Information sections of this booklet to familiarize yourself with Passport and Visa entry requirements for your destination, as well as any recommended inoculations.
- Optional Travel Insurance:** Review the Trip Cancellation & Transfer Fee Schedule included in the Detailed Itinerary. We recommend that all trip members purchase Travel Insurance.
- Extra Services:** Request any Extra Services (hotel nights, transfers, extensions) with your WT office contact using the Extra Services Request Form sent with your confirmation packet.
- Final Documents:** Approximately three weeks before your trip, we will send you final departure documents, including hotel and local contact information and rendezvous instructions.

## QUESTIONS?

Call: 1-800-368-2794, go to our **website** ([www.wildernesstravel.com](http://www.wildernesstravel.com)) or e-mail us at: [info@wildernesstravel.com](mailto:info@wildernesstravel.com).

# Travel Information

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## PASSPORT

A valid passport is required for your trip. Be sure to check the expiration date. Your passport must be valid for six months after your date of exit from Chile and Argentina. In addition, we recommend your passport has at least two completely blank visa pages for every country you will be visiting. It is very important that the blank pages say “Visas” at the top. The last few pages of your passport, which say “Amendments and Endorsements,” and the final page of your passport, which may not have a page number, are not considered to be legitimate visa pages. You can request a new passport through **US Passport Services Office**([http://travel.state.gov/passport/passport\\_1738.html](http://travel.state.gov/passport/passport_1738.html)) ([travel.state.gov/passports](http://travel.state.gov/passports)) or use a visa service agency, which can take care of your passport renewal and expedite the process, if needed. We recommend **Passport Visas Express**(<http://www.passportvisaexpress.com/?affId=2120>) ([www.passportvisasexpress.com](http://www.passportvisasexpress.com)). Be sure to allow sufficient time to acquire this before your trip.

It is a good idea to carry photocopies of your passport’s photo page, two extra passport photos, and any acquired visa pages for your trip (if applicable) as an additional piece of identification or in case your passport is lost.

## VISAS

US citizens do not need a visa for Argentina or Chile.

If you are a citizen of any country other than the US, check with a local consulate for entry requirements.

## MONEY

Chile is more expensive than most South American countries, with prices comparable to the US or Europe, while Argentina is moderately priced for Americans. Recently exchange controls were lifted, and the Argentine peso exchange rate is not as volatile as it once was. We suggest you carry money in US dollars in small denominations (\$20s, \$10s) or local currency. US dollars are more widely accepted in Argentina than Chile. Credit cards are accepted at major establishments in the bigger cities.

You will need to budget spending money for gratuities, any meals not included in the trip itinerary, and personal items such as beverages.

To use an ATM internationally, you must have a four-digit PIN. If you plan to use your credit cards, inform your credit card company before your departure that you will be using the card abroad. Please note that there is limited access to ATMs while on the trip.

**Please Note:** The lodge in El Chalten (Hosteria El Pilar) does not have satellite or wifi coverage, and accepts cash only (USD or Argentine Pesos) as they are not able to process credit card payments.

## TIPPING

Tipping is completely discretionary, but over the years, clients have asked us for tipping guidelines to reward guides for outstanding service. A range of reference would be \$150-200 USD per trip member for the Trip Leader, \$45-65 USD for the driver, and \$30-50 USD for the Assistant Trip Leader in Chile, which can be given in US dollars or local currency. The Trip Leader takes care of gratuities for luggage handling, waiters at restaurants, and local guides who are with the group for only a short time.

## SPECIAL DIETS

We will do our best to accommodate special dietary needs, however, please keep in mind that certain cultural differences or limitations due to logistics can make it extremely difficult and at times impossible to accommodate dietary restrictions. Please inform us at least eight weeks before your trip if you have a restricted diet. It is important to bring a flexible attitude and supplemental snacks.

## COMMUNICATIONS

### **Telephone**

The international dialing code for Argentina is 54; for Chile, 56. Please contact your cell phone company for specific instructions for international use.

### **Email & Internet Access**

Internet access is available at most of our lodges. Some have one shared computer and some have Wi-Fi. There is limited internet access in El Pilar, Estancia Helsingfors, and Paine.

## ELECTRICITY

Argentina and Chile have 220-volt (50 Hz) current. Plugs in Argentina usually have three slanted flat pins (type I); plugs in Chile usually have two or three round pins (type C and L). Bring a converter and plug adapter kit for appliance use.

# Medical Information

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The following recommendations should be used as a guideline only; consult your physician for medical advice. It is vital that you let Wilderness Travel know of any medical problems, allergies, or physical limitations you may have. Please fill out and return the personal medical questionnaire, and feel free to consult us if you have any questions about your ability to undertake this particular trip.

Wilderness Travel is not a medical facility and has no expertise or responsibility regarding what medications or inoculations you and your physician decide are necessary for your safe participation in the trip.

Traveler's health information is available from the **Centers for Disease Control**. (<http://www.cdc.gov/travel/index.htm>)  
Medical travel products are available from **Travel Health Medicine** (<http://www.travmed.com>) and from **Magellan's Travel Supplies**. (<http://www.magellans.com>)

## INOCULATIONS

No inoculations are required for this trip. We recommend that you discuss the following with your physician:

### **Yellow Fever**

A Yellow Fever vaccination is strongly recommended if you plan to take the Iguazu Falls Extension and visit the *Brazil* side of the falls. The shot is good for 10 years. Have proof of the shot recorded in your International Health Card.

### **Hepatitis**

The vaccines HAVRIX and VAQTA (two injections, six to 18 months apart) give long-term protection against Hepatitis A and are worthwhile if you travel regularly to developing countries.

### **Tetanus Booster**

It is very easy to get a small cut. A booster is strongly recommended (effective for 10 years).

### **Typhoid**

The CDC recommends the shot or the oral vaccine, Vivotif Berna.

## INTERNATIONAL HEALTH CARD

A Yellow Fever vaccination is recommended if you plan to take the optional Iguazu Falls Extension and visit the Brazil side of the falls. Have the shot recorded in your International Health Card and carry the card with your passport as proof of vaccination.

## STAYING HEALTHY

There is little problem in Patagonia with contaminated food or water. The tap water is safe to drink in most of Chile and Argentina. Bottled water is available for purchase at the lodges and shops. Do not drink water from streams, no matter how clear the water looks. You might want to bring iodine crystals for water treatment if you plan to refill your water bottle from streams during day hikes.

# Helpful Information

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## PHOTOGRAPHY

### Camera Recommendations

With the many advances in digital technology, a simple compact digital camera or even your smartphone is capable of taking pictures suitable for the needs of most people. For higher quality images and the ability to use long lenses for closer wildlife pictures, a DSLR camera is well worthwhile, though heavier. Most digital cameras and phones have good video options, but you may want to consider a GoPro for a lightweight, waterproof option. Always practice ahead of time with new equipment and bring your manual with you. Camera equipment is available for rent from **Borrow Lenses** (<https://www.borrowlenses.com/discount/wildernesstravel>), with a 10% discount offered to Wilderness Travel clients. This is an especially good idea for renting large zoom lenses that you may need for just one trip.

### Camera Accessories

We recommend bringing at least two large capacity memory cards or a small digital storage unit (or tablet) to back up your photos, freeing space on your memory cards. Don't forget to bring a battery charger and a backup battery so one is always charged and ready to use. For trips where you may be away from power sources for multiple days, consider looking into a solar-powered battery charger or buying additional backup batteries, and check that you have the appropriate adapter for the electrical outlets in your destination.

### Sharing Your Images

We would love for you to share photos from your trip, and with your permission, may even use your photos in our marketing materials or on our photo blog. We request that you send us a small sample of your best images. Please email your photos to [wtphotoblog@gmail.com](mailto:wtphotoblog@gmail.com) or tag us [@WildernessTravel](#) on social media.

### Photography Etiquette

When taking pictures of local people, be aware of cultural considerations. Approaching people with a warm smile and using polite gestures or simple phrases to ask permission to photograph them usually works well. It is always recommended to engage people in conversation before asking to photograph them, but if people do not wish to have their photo taken, please honor their requests. We urge travelers to avoid giving money in exchange for photo opportunities, which makes it harder for future travelers to have a meaningful personal interaction with local people. Please always heed your Trip Leader's guidelines for what is appropriate.

## BEING A CONSIDERATE TRAVELER

Please show respect for the cultures we are visiting by observing local customs concerning appropriate dress, particularly in sacred places. Your Trip Leader is always available to answer any questions that you may have regarding this. If it is necessary to use a cell phone during the trip, please do so privately. Smoking is rarely an issue these days, but if you do smoke, please do so only away from the group.

## WORDS AND PHRASES

Although English is widely spoken and you can manage well without any Spanish, it is always fun (and appreciated by

locals) when you try to use a few words.

yes/no	<i>sí/no</i>	BEVERAGES	
thanks very much	<i>muchas gracias</i>	mineral water	<i>agua mineral</i>
thanks, same to you	<i>gracias, igualmente</i>	coffee/tea	<i>café/te</i>
you're welcome	<i>por nada</i>	with milk	<i>con leche</i>
please	<i>por favor</i>	real lemonade	<i>limonada</i>
hello	<i>hola</i>	carbonated soft drinks	<i>gaseosa</i>
good morning	<i>buenos días</i>	orange juice	<i>naranja</i>
good evening	<i>buenas tardes</i>	apple juice	<i>manzana</i>
good night	<i>buenas noches</i>	bananas	<i>plantanos</i>
goodbye	<i>adios</i>	beer	<i>cerveza</i>
bye!	<i>chao!</i>	white grape brandy	<i>pisco</i>
see you later	<i>hasta luego</i>	rum	<i>ron</i>
may I?	<i>se puede?</i>		
OK	<i>está bien</i>	FOOD	
my name is...	<i>me llamo...</i>	egg salad	<i>huevos a la rusa</i>
I'm from...	<i>soy de...</i>	chicken broth	<i>caldo de galina</i>
sorry!	<i>disculpe!</i>	shrimp	<i>camarones</i>
excuse me/pardon	<i>perdón/con permiso</i>	sea bass	<i>corvina</i>
sorry, I don't understand	<i>lo siento, no entiendo</i>	steak	<i>biftek</i>
do you speak English?	<i>habla inglés?</i>	sauteed beef with onions/potato	<i>lomo saltado</i>

I don't know	<i>no sé</i>	grilled meat	<i>parillada</i>
I would like...	<i>quisiera...</i>	meat/fish in red sauce	<i>adobado</i>
where is...?	<i>dónde está...?</i>	chicken in chile sauce	<i>aji de galina</i>
please speak more slowly	<i>por favor, habla más lento</i>	chicken with rice	<i>arroz con pollo</i>
come in!	<i>pase!</i>	potato with yellow chile sauce	<i>papa huancaina</i>
how are you?	<i>cómo está/ cómo va?</i>	french fries	<i>papas fritas</i>
nice to meet you	<i>mucho gusto/ tanto gusto</i>	creme caramel	<i>flan</i>
what time is it?	<i>qué hora es?</i>	ice cream	<i>helado</i>
what a beautiful day!	<i>qué día tan hermoso!</i>		
how far is it to..?	<i>que distancia hay hasta...?</i>	NUMBERS	
what's the name of..?	<i>cómo se llama...?</i>	one	<i>uno</i>
it's beautiful	<i>es hermoso</i>	two	<i>dos</i>
today/yesterday	<i>hoy/ayer</i>	three	<i>tres</i>
tomorrow	<i>mañana</i>	four	<i>cuatro</i>
day after tomorrow	<i>pasado mañana</i>	five	<i>cinco</i>
this morning	<i>esta mañana</i>	six	<i>seis</i>
this afternoon	<i>esta tarde</i>	seven	<i>siete</i>
this evening	<i>esta noche</i>	eight	<i>ocho</i>
do you have..? (shopping)	<i>tienen...?</i>	nine	<i>nueve</i>
how much is this?	<i>cuánto vale esto?</i>	ten	<i>diez</i>

that's too much! I'll  
give you...      *es mucho! Le doy...*

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that's fine. I'll take  
it.      *está bien. me lo llevo.*

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just looking      *sólo estoy mirando*

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the bill, please  
(restaurants)      *la cuenta, por favor*

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# Packing List

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## THE ESSENTIALS

- Air tickets (or E-tickets)
- Passport
- One other picture ID, such as a driver's license
- International Health Card ("Yellow Card") with proof of Yellow Fever inoculation within the last 10 years (strongly recommended if you are taking the optional Iguazu Falls Extension and visiting the Brazil side of the falls)
- Expense money

## WT GEAR STORE

To help you prepare for your next WT adventure, we've put together a great collection of top brands including Patagonia, Outdoor Research, Eagle Creek, and more at our **WT Gear Store** (<http://wildernesstravel.newheadings.com>).

## LUGGAGE

- Soft-sided roller bag with small padlock (must be unlocked for international travel).
- Daypack, large enough for a fleece jacket, rain gear, water bottle, camera, and other items you want on the trail. It should be a shoulder pack (not a fanny pack) with a supporting waist belt. Packs with a capacity of 1450-2000 cubic inches (or 30-40 liters) are recommended. Hike with your pack before the trip to make sure it is comfortable.

## WEIGHT LIMITS

There is a baggage weight limit on checked luggage for internal flights within Argentina. You are limited to 33 pounds per person for checked bags and 11 pounds per person for carry-on bags. Excess baggage fees may apply and must be paid directly to the carrier.

## NOTES ON CLOTHING

Our best advice for anticipating weather on this trip is to be prepared for everything! You'll want to pack lightly, leaving space for souvenirs, but you also want to be prepared for all kinds of weather.

### Fabrics

An insulating base layer (top and bottom) beneath your hiking clothes will keep you warm and comfortable. Capilene, fleece, and other synthetic fabrics are excellent, as are lightweight wool insulating layers by Patagonia, Icebreakers, and SmartWool. Cotton is not a good insulator, especially as a first layer next to the skin. Once it gets wet from perspiration, it stays wet and keeps you cold.

### Burrs

Some Patagonian plants are spiny and have stickers or burrs that load up on socks, pants, and especially on pile clothing. Gaiters can be helpful in protecting your pant legs from burrs and keeping mud off if it is rainy. Wind pants reduce the burr load on pant legs. A pocket comb or Swiss army knife is helpful for removing burrs.

### Laundry

There will be limited opportunities to do laundry on the trip. Please bring enough items to last the entire trip or plan to wash clothes yourself. Items should be lightweight so they can dry overnight. Note: On one day while at El Pilar, the Trip Leader will organize a stop at a laundry in El Chalten and you'll be able to drop your laundry in the morning and pick it up later that day after hiking. You can pay by cash.

## CLOTHING

- Fiberfill, down or thick fleece jacket. Temperatures can be as low as 40 °F.
- Fleece sweater. Some people prefer vests.
- Excellent quality rain/wind shell jacket with hood and good quality rain/wind pants. Gore-Tex is best.
- Hiking pants. Synthetic, quick-drying fabric is best. Jeans are not suitable because they are made of heavy cotton.
- Sturdy hiking shorts (optional—it is rare but it may be warm enough for shorts on some days)
- Polypropylene, Capilene, or wool long underwear, bottoms and tops
- Long-sleeved shirts. Quick-drying “travel” fabrics are best.
- T-shirts
- Shade/sun hat with wide brim. A hat with a chinstrap is best in the Patagonian wind!
- Fleece or wool hat for warmth
- Lightweight polypropylene gloves
- Lightweight or medium-weight hiking boots with Vibram-type soles and waterproofable uppers
- Running shoes or tennis shoes to change into after day's hike (and Tevas if you plan to take the Iguazu Falls extension)
- Gaiters to protect socks and pants from burrs, thistles, and stickers
- Insulating headband for protection against wind
- Hiking socks. Thorlo brand (moisture-wicking synthetic with padded toes and heels) are a good choice. Make sure you bring enough so you always have clean, dry socks.
- Casual socks for city wear
- Underwear. Synthetics dry faster.
- Sleepwear (long underwear can double)
- Lightweight casual city/hotel attire (it will be hot and humid in Buenos Aires)

## EQUIPMENT

- Two sturdy reusable water bottles, 1 qt. capacity. Widemouth bottles are easier to fill.
- Good quality sunglasses with case. A spare pair of sunglasses is invaluable should your first pair be broken or lost.
- Collapsible walking stick or trekking poles. Hiking with a collapsible hiking pole, such as those by Leki, REI, and Black Diamond, helps to distribute your body weight, takes pressure off your knees, and improves your balance.
- Waterproof pack cover
- Ear plugs, eye shades for air travel
- Flashlight and extra batteries (or flashlight app)
- Travel alarm clock (or use your phone). Many of our lodges don't have clocks or phones so this is important for wake-up calls.

**NOTE about contact lenses:** Patagonia is constantly windy, and this can make wearing contact lenses miserable. We strongly suggest that you bring a pair of eyeglasses just in case!

## PERSONAL FIRST AID SUPPLIES

Every trip member should bring a small kit for personal use. Your own experience will influence your choices.

- Sunscreen SPF 30 or higher . We recommend mineral-based sunscreens with zinc oxide or titanium dioxide because they do not contain harsh chemicals that are harmful to the environment. Brands such as Honest Company, Badger, and Alba Botanica are found in most sporting goods stores and drugstores.
- Lip balm with sunscreen and/or zinc oxide
- Aspirin, ibuprofen, or Tylenol for muscle pain or headache, Tylenol PM
- Topical antibiotic (such as Neosporin) for cuts
- Small amount of insect repellent
- Blister kit. Look for the long-lasting gel-type bandages that you can apply directly on blisters, such as Band-Aid Advanced Healing Bandages or Curad Gel Multi-Day Bandages. "Liquid band-aids," such as New-Skin, are useful because they dry rapidly to form a tough protective cover over a blister.
- Dramamine or other medication for motion sickness (for long days of road travel)
- Anti-bacterial gel for hand washing
- Antihistamine such as Benadryl and cold remedy such as Sudafed
- Imodium for diarrhea.
- Prescription medications properly labeled

## OPTIONAL ITEMS

- Converter/plug adapter for appliance use in hotels
- Assorted plastic bags to keep items dry in your bag (it's also a good idea to bring plastic baggies for disposal of toilet paper while on hikes)
- Sports bra for women
- Camera, spare batteries
- Headband or ear muffs for wind protection
- Reading/writing material. A few long days of bus travel are required to travel the long distances between the wilderness areas we visit.
- Binoculars
- Bandanna
- Money belt or neck pouch. Always carry your passport, credit cards, and cash with you in a money belt or neck pouch tucked down inside your shirt or blouse.

# Reading List

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## ESSENTIAL READING

### **In Patagonia**

*Bruce Chatwin*

2003, 240 PAGES

A masterpiece of travel, history and adventure, this award-winning book captures the spirit of the land, history, wildlife and people of Patagonia. There is no travel writer as engaging, insightful and just plain wonderful as Bruce Chatwin.

### **The Whispering Land**

*Gerald Durrell*

2006, 240 PAGES

A sparkling account of an eight-month jaunt on the trail of fur seals, guanaco, parrots and other Patagonian marvels. Excellent family reading.

### **Patagonia and Tierra del Fuego Map**

*ITMB*

2015

This handy map shows all Patagonia on one side (1:2,000,000), with a more detailed map of Tierra del Fuego (1:750,000) on the reverse.

### **Moon Handbook Patagonia**

*Wayne Bernhardson*

2014, 550 PAGES

A practical guide in the Moon series, packed not only with travel necessities (hotels, restaurants, sights), but also with a good overview of history and destinations throughout Patagonia.

## ALSO RECOMMENDED

### **Whales, Dolphins and Porpoises**

*Mark Carwardine*

2002, 256 PAGES

In the trademark, graphic Eyewitness style, this sturdy guidebook colorfully describes the world's cetaceans with numerous illustrations, range maps, fluke drawings and a few paragraphs on each species.

### **Argentina, A Traveler's Literary Companion**

*Jill Gibian*

2010, 256 PAGES

These choice stories introduce the landscapes and culture of Argentina, from the Andes to the Pampas, through the eyes of its writers.

### **Far Away and Long Ago**

*W.H. Hudson*

2006, 338 PAGES

Hudson's enthralling childhood remembrances are rich with descriptions of the landscapes, birds and nature of Argentina.

### **Insight Guide Argentina**

*Insight Guides*

2015, 360 PAGES

This profusely illustrated guide features concise essays by well-regarded authors on natural history, politics and culture. With hundreds of photos and excellent maps.

### **Buenos Aires Map**

*Borch Maps*

2015

A laminated street map of Buenos Aires and surroundings at a scale of 1:15,000.

### **The Vineyard at the End of the World**

*Ian Mount*

2013, 352 PAGES

Mount traces how the humble Malbec grape, ignored in its native France, helped transform Argentina into one of the world's premier winemaking destinations in this tale of the making of wine, personalities, grapes and travel.

### **Forgotten Continent**

*Michael Reid*

2009, 400 PAGES

Economist editor Reid draws on his years in the cities, presidential palaces and shantytowns of Central and South America in this portrait of a region rich in oil, farmland and culture, with consideration on its prospects in the face of globalization.

### **The Uttermost Part of the Earth**

*Lucas Bridges*

2007, 558 PAGES

This beloved memoir of Harberton estancia and early settlers, explorers and ways of the Yagan and Ona peoples who once populated the wild shores of Tierra del Fuego is a favorite, back in print with an introduction by Natalie Goodall.

### **The Buenos Aires Quintet**

*Manuel Vazquez Montalban*

2012, 377 PAGES

Montalban comments on not just wine, women and song, but also on Argentina's political and cultural history in this riveting detective tale which uses 1970s Buenos Aires and the era's repressive military junta as a backdrop.

### **Lonely Planet Buenos Aires**

*Lonely Planet*

2014, 256 PAGES

The best of Buenos Aires is included in this practical guide, along with a pullout map and insider recommendations on shopping, eating, sleeping and day trips.

### **Vino Argentino, An Insider's Guide to the Wines and Wine Country of Argentina**

*Laura Catena*

2010, 239 PAGES

This detailed, lushly illustrated guidebook to Argentina's wine region includes recipes, travel information, historical anecdotes, photographs, conversations with winemakers and a useful wine glossary.

### **Cloud Forest, A Chronicle of the South American Wilderness**

*Peter Matthiessen*

1987, 280 PAGES

Matthiessen recounts with wit, insight and style his odyssey to the Amazon and Andes, including Machu Picchu and Tierra del Fuego.

### **Night Flight**

*Antoine de Saint Exupery*

1986, 87 PAGES

Saint Exupery captures the thrill and mystery of early flight in this tale of a pilot alone in a storm over the Andes en route to Buenos Aires.

### **Natural Patagonia, Argentina and Chile**

*Marcelo D. Beccaceci*

1999, 124 PAGES

An informative photographic journey through the breathtaking landscapes and wildlife of Patagonia. Featuring 120 color photographs, presented in Spanish and English.

### **Birds of Southern South America and Antarctica**

*Maurice Rumboll*

2001, 224 PAGES

With color plates, range maps and brief descriptions, this is a compact regional guide.

### **Chile, A Traveler's Literary Companion**

*Katherine Silver*

2003, 256 PAGES

These choice stories introduce both the country and a host of contemporary writers.

### **Insight Guide Chile**

*Insight Guides*

2012, 380 PAGES

This glossy guide provides a full-color introduction by a team of experts to the land, people, history and attractions of Chile. Brief background essays highlight important topics. With many local and regional maps.

### **Voyaging, Southward from the Strait of Magellan**

*Rockwell Kent*

2000, 208 PAGES

An illustrated account of Rockwell's foolhardy voyage with a madman through magnificent Tierra del Fuego in a jury-rigged lifeboat. Both the text and striking woodcut illustrations communicate this dangerous landscape's dynamic character.

### **Los Glaciares National Park**

*Zagier & Urruty Maps*

2004

A colorful map of the popular areas of Parque Nacional Los Glaciares at a scale of 1:230,000, providing an overview of the area and highlighting points of interest.

### **Travels in a Thin Country, A Journey through Chile**

*Sara Wheeler*

1999, 336 PAGES

British author Sara Wheeler deploys her wit, intelligence and powerful investigative skills on the Republic of Chile in this insightful travelogue.

### **A Wildlife Guide to Chile**

*Sharon Chester*

2008, 392 PAGES

Chester's splendid guide, featuring 120 color plates, covers the wildlife, plants and natural history of Chile from the Atacama Desert and Patagonia to Easter Island and Antarctica.

### **Chile Adventure Map**

*National Geographic*

2011

This National Geographic Adventure map includes a clear view of Chile from Laguna San Rafael south to Cape Horn (1,1,750,000).

### **Birds of Chile**

*Alvaro Jaramillo*

2003, 240 PAGES

This compact, comprehensive guide with superb color plates also includes Antarctica, South Georgia and the Falkland Islands.

### **Northern Argentina, Buenos Aires Map**

*ITMB*

2008

This handy map includes both a detailed street plan of Buenos Aires and northern Argentina and Chile from Montevideo, Buenos Aires, Mendoza and Santiago north to Antofagasta, Jujuy, Salta and Iguazu at a scale of 1:2,200,000.

### **Torres del Paine Map**

*Zagier & Urruty Maps*

2008

This detailed walking map (1:80,000) includes trekking routes, refuges and color topography.

### **Footprint Patagonia**

*Christabelle Dilks*

2015, 268 PAGES

This compact, practical guide in the popular British series includes an overview of the history, nature and culture of the region.

### **Patagonia, A Cultural History**

*Chris Moss*

2008, 328 PAGES

A journalist with the Buenos Aires Herald, Moss follows a colorful cast of characters -- from Magellan and Darwin to mad kings, gauchos, and Nazi fugitives -- in this vivid overview of the culture and history of Patagonia.

### **Perito Moreno National Park**

*Antonio Vizcaino*

2015, 304 PAGES

An elegant and informative tour of Argentina's national park "at the ends of the Earth." With world-class skill, Vizcaino captures the rugged snowy peaks of the Andes and the clear waters and broad grasslands of the steppe. His photographs are placed alongside insightful quotes and short essays.

### **Rounding the Horn**

*Dallas Murphy*

2005, 358 PAGES

A sailor at heart, Dallas Murphy gets himself down to Ushuaia, embarks a sturdy vessel and heads out to experience the wind and weather of Tierra del Fuego. In his informative account, Dallas interweaves plenty of history, a little rather naive politics and the story of his own adventures.

### **Berlitz South America Phrase Book & Dictionary**

*Berlitz Publishing/APA Publications*

2015, 224 PAGES

For travelers in South America, this pocket-sized, multi-language phrasebook includes: Brazilian Portuguese, Latin American Spanish, Mexican Spanish and Quechua. Features essential words and phrases organized by situation.

### **Monte Leon National Park**

*Antonio Vizcaino*

2014, 250 PAGES

A sublime compendium of photographs taken at southern Argentina's great national park. Vizcaino photographed Monte Leon's giant waves, dramatic seaside rockfaces, grassland steppe and crimson sunsets.

### **Patagonia, La Ultima Esperanza**

*MacDuff Everton*

2012, 235 PAGES

Spectacular panoramic photographs by Macduff Everton are paired with the meditative prose of book artist Mary Heebner to present a portrait of a lesser-known, but sublimely beautiful region of Patagonia: Chile's Last Hope Province.

### **Cape Horn**

*William A. Briesemeister*

1985, 450 PAGES

Magellan, Drake and Darwin are all covered in Captain Riesenbergs lively tale of exploration and discovery, first published in 1939. A master mariner, Reisenberg draws on his own long association with seafaring and the sea.

### **Darwin Slept Here: Discovery, Adventure and Swimming Iguanas in Charles Darwin's South America**

*Eric Simons*

2010, 304 PAGES

Simons captures the exuberance and wide-eyed wonder of Darwin's adventures in South America in this refreshingly irreverent account.

**Torres Del Paine National Park Flora and Fauna**

*Diego Punta Fernandez*

2012

A high quality, laminated fold-out card featuring 142 photos of 74 common animal species and 64 vascular plants common to Torres Del Paine.

**Place Names Fitz Roy-Chalten and Surroundings**

*Diego Punta Fernandez*

2012

A high quality, laminated fold-out card featuring the stories and terminology behind the place names near Fitz Roy-Chalten, Patagonia.

**Los Glaciares National Park, Flora & Fauna**

*Diego Punta Fernandez*

2012

A high quality, laminated fold-out card featuring common plants and animals in Los Glaciares National Park.

**Around Cape Horn**

*Irving Johnson*

1986

Captain Irving Johnson memorably narrates this documentary of his 1929 voyage as a young man aboard the Peking, featuring a remarkable sequence about the ship rounding the Horn in a storm.

Revised: December 10, 2019